

Thomas Plant Hire Ltd recognises that fatigue is a major health and safety risk that we must control effectively. As a part of our overall health and safety policy TPH is fully committed to managing and maintaining fatigue risks and ensuring staff receive enough rest to perform their duties safely.

To achieve this, we will;

- Develop and implement a fatigue risk management plan (FRMP) which will form part of our Health & Safety management system
- Commit to providing the necessary resources to develop and sustain the FRMP on an ongoing basis
- To include fatigue on the agenda for our monthly health and safety meetings
- Introduce effective controls throughout the organisation
- Ensure all management are included in fatigue discussions
- Monitor, Audit and review current fatigue controls
- Identify arrangements for training, communication and information for all staff on fatigue issues
- Collect and use the necessary data to continue to develop the FRMP

This policy is applicable to all staff working for Thomas Plant Hire Ltd, including subcontractors and visitors whilst carrying out activities on the company's behalf. This includes:

- Workers who undertake significant driving as part of their role
- Workers who undertake significant travel as part of their role
- Workers who work at host employer's premises and other sites, particularly remote sites, which require lengthy drives.

It is fundamental that our management teams show commitment to monitor and managing fatigue. It is essential that all staff co-operate at every stage of this process and are encourage to honestly share, discuss and process fatigue issues.

Signed



Mr. Wyn Thomas  
Managing Director

22/01/2025